CTDNA
Connective Tissue Disorders
Network Australia

SCAN ME

A one stop list of resources that can assist you in identifying, and making a diagnosis of Hypermobility Spectrum Disorder (HSD) / hypermobile Ehlers-Danlos syndrome (hEDS). Or, if specialist referral is needed equip you with the best information in order to direct your patient most appropriately, in a timely manner for further evaluation.

Link

## HSD/hEDS

Online Resources

- Connective Tissue Disorders Network Australia (CTDNA) here
- May 2025 *AusDoc*: Therapy Update - A GP Guide to hEDS here
- HealthED Podcast episodes on EDS and HCTD: here
- 2017 Diagnostic Criteria for hEDS here
- The Spider Tool here
- The Ehlers Danlos Society here
- The Ehlers-Danlos Society Diagnostic Criteria Resources here
- Bristol Impact of Hypermobility (BIOH) Questionnaire here
- EDS Support UK - GP Toolkit here
- Management of childbearing with hypermobile Ehlers-Danlos syndrome and hypermobility spectrum disorders: A scoping review and expert co-creation of evidence based clinical guidelines 2024
- AJGP: Pediatric joint hypermobility: a diagnostic framework and narrative review 2023