

A one stop list of resources that can assist you in identifying, and making a diagnosis of **Hypermobility Spectrum Disorder (HSD) / hypermobile Ehlers-Danlos syndrome (hEDS)** in General Practice. Or, if specialist referral is needed equip you with the best information in order to direct your patient most appropriately, in a timely manner for further evaluation.

HSD/hEDS

Online Resources

- Connective Tissue Disorders Network Australia (CTDNA) [here](#)
- 2017 Diagnostic Criteria for hEDS [here](#)
- The Spider Tool [here](#)
- The Ehlers Danlos Society [here](#)
- The Ehlers-Danlos Society Diagnostic Criteria Resources [here](#)
- Bristol Impact of Hypermobility (BIOH) Questionnaire [here](#)
- EDS Support UK - GP Toolkit [here](#)
- Management of childbearing with hypermobile Ehlers-Danlos syndrome and hypermobility spectrum disorders: A scoping review and expert co-creation of evidence based [clinical guidelines 2024](#)
- Pediatric joint hypermobility: a [diagnostic framework](#) and narrative review 2023

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hello@ctdna.org.au

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www.ctdna.org.au

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